



Bharath
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Declared as Deemed-to-be University under section 3 of UGC Act, 1956)
(Via Notification No. F9-52205 - U3, Ministry of Human Resource Development, Govt. of India, dated 4th July 2002)



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SREE BALAJI COLLEGE OF PHYSIOTHERAPY



NEWSLETTER

JANUARY 2026



LETTER FROM THE DEAN

Having begun with a Bang 2026; Focus on improving Research Activities by students and faculty have gained greater importance. As guided by UGC on communal Harmony were celebrated. To facilitate career and higher education prospective activities were carried out. With due coordination by faculty and students were able to achieve these events conducted in January 2026.

OBJECTIVES:

Objectives of this Newsletter are

- To highlight various events to stalk holders
- To have contribution university by, Faculty, Students, Parents
- To analyses effectiveness of planning and implementation of Academic, Cocurricular, Research and Extracurricular events with Quality from IQAC
- To make the best use of communication and greater visibility for the progress of Institution.

The Dean

Sree Balaji College of Physiotherapy

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JANUARY 2026

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ACADEMIC ACTIVITIES

B.P.T year posted for Lectures and Clinical Training in the Department of Neurology and Department of Orthopedics in SBMCH, Chrompet.

YEAR	DEPT	DATE OF POSTING
Internship	Ortho, Neuro, OBG, Sports, Respiratory medicine, PMR	15.11.2025 to 05.02.2026
B.P.T II year	PMR	05.01.2026 to 10.01.2026
B.P.T III year	Ortho & Neuro	02.01.2026 to 17.02.2026
M.P.T I Year	Ortho, Neuro, OBG, Sports, Respiratory medicine, PMR	19.01.2026 to 28.02.2026

CO CURRICULAR EVENTS

CASE DISCUSSION

Case Discussion with evidence were conducted on 22.01.2026

Our monthly OPD discussions bridge the gap between textbook theory and clinical reality, allowing students to witness the complex decision-making required for diverse patient populations



CASE SCENARIO

Case Scenario was conducted on LBA by MPT II year on 31.01.2026



VALUE ADDED COURSE

The Sree Balaji College of Physiotherapy recently introduced a specialized Value Added Course titled "Surface Anatomy and Its Relevance for Physiotherapy Practice." This 4 DAYS intensive program is designed to sharpen the clinical acumen of our students by focusing on the practical application of anatomical landmarks.

OBJECTIVES

- To become familiar with situation, Landmark of organs, Structures of human body.
- To develop clinical and surgical procedures of various Human organs in orientation to Physiotherapy.
- To acquire skill on palpation and clinical relevance of 35 Hours Surface Anatomy.
- To learn on the course evaluation relevant to Neuro vascular and Musculo skeletal structures relevant to physiotherapy practice

DATE	Resource Person	Topic	Participants
13.01.2026	Dr.Godwin Issac	Hands on workshop on Palpation related to Physiotherapy	B.P.T I,II,IV year M.P.T II Year



RESEARCH ENGAGEMENTS:

Along with submitting details of faculty student Research engagement as below:

1. 90 completed Research ready were scrutinized by Dr. Velmurugan and team on 28.01.2026 as guided by Provc.Dr.Suresh.
2. Each B.P.T and M.P.T student was allotted a Research topic expected to be ready for publications in April 2026 - > 200, September 2026 -> 30.
3. Research Day was conducted with each student to present on Recent Topic using evidence and PPT every year and prizes were distributed.
4. Each faculty to present two Articles in Scopus / Web of science in 2026 and process for projects.
5. Guest Lecture by Dr.S.S.Subramannian., Ph.D.in FPT in chrompet on 07.01.2026
6. Publications were processed by each faculty
7. Student Research projects, 90 were ready and discussed with Dr.Suresh, Provc

GUEST LECTURE

Sree Balaji Medical College , Chromepet was privileged to host Dr. S.S.Subramanian, The Dean of Sree Balaji College of physiotherapy, for an enlightening guest lecture. Speaking to the budding physiotherapists, Dr. Subramanian explored the vital intersection of geriatric care and physical therapy on 07.01.2026.

The session provided a comprehensive look at how physiotherapists act as the backbone of "Healthy Ageing," focusing on maintaining mobility, preventing falls, and enhancing the quality of life for the elderly. His insights reminded the students that as physiotherapists, our goal is not just to add years to life, but to add "life to years.



EXTRA CURRICULAR

YOUTH HEALTH MELA

29.01.2026 to 31.01.2026 college has participated in Youth mela, organized by Cancer Institute. IV year student Ms.Diana, has won I Prize in standup comedian.



COMMUNAL HARMONY 2026

Over two vibrant days, our campus transformed into a melting pot of culture as students and faculty came together to celebrate Pongal, Ramzan, and Christmas. This two-day extravaganza was more than just a festival; it was a testament to the communal harmony that defines the SBCP family.

The event kicked off with the spirit of Pongal, followed by the soulful essence of Ramzan and the joy of Christmas, ensuring that every tradition was Honored with equal fervor.



RANGOLI COMPETITION



MEHENDI COMPETITION



COOKING COMPETITION



FASHION PARADE

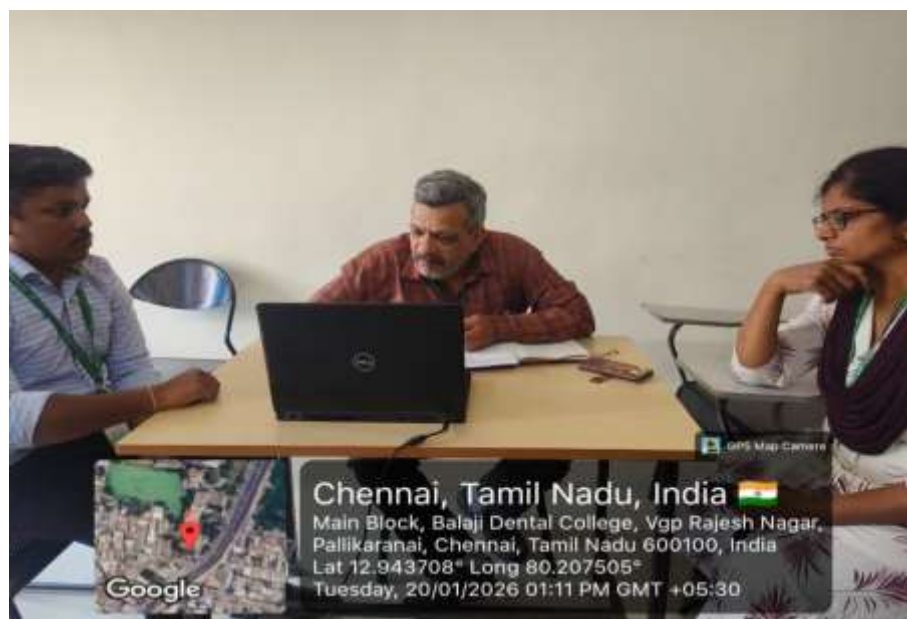


PRIZE WINNERS

RANGOLI	
1ST PRIZE	VISHNU PRIYA, DEVI, PRAVEENA
2ND PRIZE	GURURAGAVI, SAKTHIPRIYA ,RAJESHWARI.G
MEHENDI	
1ST PRIZE	NAMITHA
2ND PRIZE	JANANI, APARNA
COOKING WITHOUT FIRE	
1ST PRIZE	MAJULA.G, PRADHIBA FARHATH KHANAM, HALEEMA FATHIMA
2ND PRIZE	NANDHINI, BHAVANI

BOARD OF STUDIES MEETING

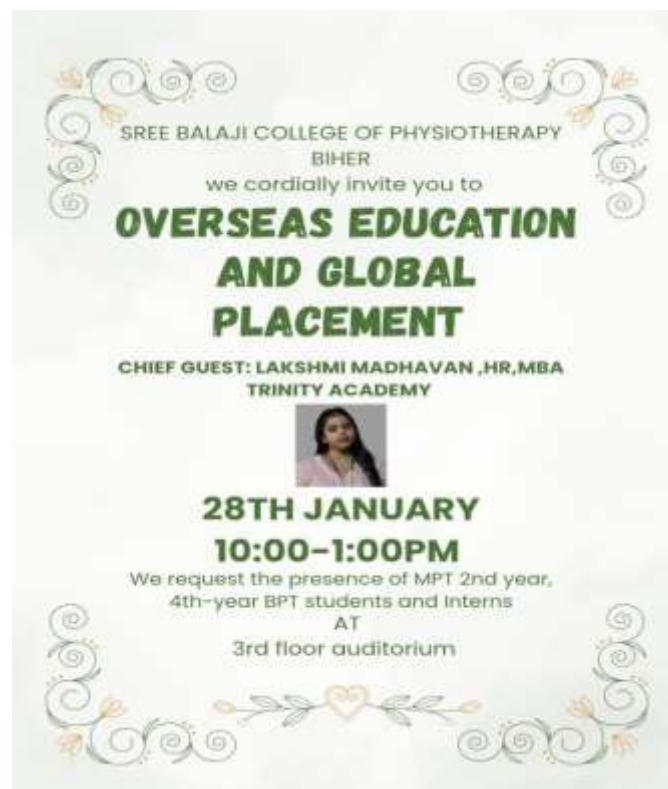
The Department of Physiotherapy successfully conducted its Board of Studies (BoS) meeting on 20.1.2026 to review and Revitalize the upcoming academic curriculum



CAREER GUIDANCE ON HIGHER EDUCATION

On January 28th, Sree Balaji College of Physiotherapy hosted an insightful session titled "Overseas Education and Global Placement" in the 3rd-floor auditorium. The event was specifically organized for MPT 2nd-year students, 4th-year BPT students, and Interns to explore international career pathways.

We were honored to welcome Ms. Lakshmi Madhavan (HR, MBA) from Trinity Academy as our Chief Guest. She shared invaluable expertise on navigating global healthcare markets and the academic requirements for pursuing advanced studies abroad. The session provided our students with a clear roadmap for taking their physiotherapy careers to a global stage.



On **February 6, 2026**, the **Placement Cell** at Sree Balaji College of Physiotherapy (SBCP) organized an impactful seminar titled "Career Guidance on Higher Education and Job Opportunities Overseas for Physiotherapists". The event took place at the SBCP Auditorium in Pallikaranai and was attended by MPT II Year students, BPT IV Year students, and Interns.

The session featured Mr. Srinivas Venkateswaran, Regional Manager and Lead Consultant at Global Degrees, Chennai, as the keynote speaker. With his extensive expertise, Mr. Venkateswaran provided a comprehensive roadmap for students looking to take their professional practice to international shores.



